

High blood pressure increases risk of stroke.



Normal blood pressure is below

120/80 55555 People with high blood pressure have a significantly higher risk of stroke.1



80% of strokes can be prevented.2

At age 50, people without high blood pressure have a



life expectancy

5 YEARS LONGER

than people with high blood pressure.³

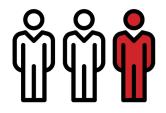
Stroke occurs when a blood vessel to the brain is blocked or bursts.

Blood and oxygen flow are interrupted, and brain cells begin to die. More than

1 in **3**

American adults with high blood pressure

don't know they have it.3



Have your blood pressure checked and keep it in check to **REDUCE** your risk of stroke.

1 Benjamin et al; Circulation, 2019;139;e56-528 // 2 D'Agostino, R.B. et al. Stroke. 1994;25:40-43 // 3 Mozzafarian D et al. Circulation. 2017; 135:e135-139